

F.B.S.T.
P.O. Box 6445, Alexandria, VA 22306

Individual Meet Results

Potomac Marlins January Meet 16-Jan-21 Yards

Location: The St. James

FORT BELVOIR SWIM TEAM [FBST-PV] Coach: Murray Mark

Time	F/P/S	Event	Place	Points	Improv
Adams, Teagan P (10) F					
1:41.69Y	F # 6A	Female 9-10 100 Back	7	---	1.12
	49.78	51.91			
43.33Y	F # 7A	Female 9-10 50 Free	18	---	1.05
1:49.50Y	F # 11A	Female 9-10 100 IM	16	---	5.09
	49.69	59.81			
Ahern, Quinn A (9) F					
1:45.56Y	F # 6A	Female 9-10 100 Back	9	---	---
	51.56	54.00			
NS	F # 7A	Female 9-10 50 Free	---	---	---
2:08.66Y	F # 8A	Female 9-10 100 Breast	10	---	---
	1:00.93	1:07.73			
1:50.15Y	F # 11A	Female 9-10 100 IM	17	---	-0.62
	53.72	56.43			
Bailey, Isabella A (9) F					
2:16.27Y	F # 6A	Female 9-10 100 Back	14	---	---
	1:03.40	1:12.87			
53.40Y	F # 7A	Female 9-10 50 Free	22	---	---
Basom, Elizabeth S (10) F					
41.21Y	F # 7A	Female 9-10 50 Free	15	---	---
1:55.99Y	F # 8A	Female 9-10 100 Breast	8	---	---
	53.10	1:02.89			
Basom, Timothy B (12) M					
31.88Y	F # 7D	Male 11-12 50 Free	11	---	-2.36
1:23.90Y	F # 8D	Male 11-12 100 Breast	2	---	---
	40.05	43.85			
1:21.70Y	F # 11D	Male 11-12 100 IM	5	---	-5.03
	38.78	42.92			
Bredy, Dana J (11) F					
NS	F # 7C	Female 11-12 50 Free	---	---	---
2:14.21Y	F # 8C	Female 11-12 100 Breast	16	---	---
	1:01.02	1:13.19			
Canfield, Parker M (9) F					
38.79Y	F # 7A	Female 9-10 50 Free	13	---	---
1:43.44Y	F # 11A	Female 9-10 100 IM	12	---	---
	46.14	57.30			
Carrado, Ryan L (12) M					
1:27.54Y	F # 6D	Male 11-12 100 Back	6	---	-0.76
	41.61	45.93			
30.42Y	F # 7D	Male 11-12 50 Free	7	---	-3.66
1:21.60Y DQ	F # 11D	Male 11-12 100 IM	---	---	---
	39.45	42.15			

3F Two strokes under water - breast

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Carrado, Samuel E (9) M					
1:36.60Y	DQ	F # 6B Male 9-10 100 Back	---	---	---
	45.76	50.84			
	2L Shoulders past vertical toward breast				
34.54Y	F # 7B	Male 9-10 50 Free	4	---	-2.21
1:43.96Y	F # 10B	Male 9-10 100 Fly	1	---	-11.89
	49.71	54.25			
1:33.49Y	F # 11B	Male 9-10 100 IM	4	---	-5.53
	42.57	50.92			
Coulby, Lilly H (12) F					
1:30.05Y	F # 8C	Female 11-12 100 Breast	9	---	-4.54
	42.22	47.83			
1:28.29Y	F # 11C	Female 11-12 100 IM	13	---	-8.09
	43.80	44.49			
Davis, Gianna C (14) F					
54.29Y	F # 1A	Female 14 & Under 100 Free	1	---	---
	25.83	28.46			
2:40.28Y	F # 2A	Female 14 & Under 200 Breast	1	---	---
	35.77	42.00	41.99	40.52	
1:04.02Y	F # 3A	Female 14 & Under 100 Fly	2	---	---
	29.93	34.09			
2:22.34Y	F # 4A	Female 14 & Under 200 Back	1	---	---
	33.14	35.88	37.30	36.02	
Dominski, Izzy M (14) F					
1:05.22Y	F # 1A	Female 14 & Under 100 Free	6	---	-0.44
	30.80	34.42			
3:02.26Y	F # 2A	Female 14 & Under 200 Breast	5	---	-2.84
	41.69	45.75	47.35	47.47	
6:30.27Y	F # 5A	Female 14 & Under 500 Free	5	---	---
	33.25	37.45	39.34	40.09	40.44
	39.82	37.00	40.68	40.80	41.40
Fortes, Elijah M (9) M					
37.83Y	F # 7B	Male 9-10 50 Free	9	---	-0.97
3:07.81Y	F # 9B	Male 9-10 200 Free	4	---	---
	40.49	49.49	50.90	46.93	
1:41.95Y	F # 11B	Male 9-10 100 IM	6	---	1.30
	48.52	53.43			
Hart, Sonya M (13) F					
1:05.63Y	F # 1A	Female 14 & Under 100 Free	7	---	-7.23
	30.57	35.06			
3:14.81Y	F # 2A	Female 14 & Under 200 Breast	9	---	---
	39.81	50.46	52.30	52.24	
1:27.94Y	F # 3A	Female 14 & Under 100 Fly	8	---	---
	38.29	49.65			

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Hergenroeder, Sydney R (9) F					
38.65Y	F # 7A	Female 9-10 50 Free	11	---	---
1:41.36Y	F # 11A	Female 9-10 100 IM	11	---	---
	41.74	59.62			
Jennings, Connor (12) M					
NS	F # 7D	Male 11-12 50 Free	---	---	---
1:48.34Y	F # 10D	Male 11-12 100 Fly	5	---	---
	44.78	1:03.56			
Jimenez, Matthew A (10) M					
1:51.34Y	F # 6B	Male 9-10 100 Back	5	---	-0.79
	52.17	59.17			
51.11Y	F # 7B	Male 9-10 50 Free	16	---	7.40
2:02.14Y	F # 10B	Male 9-10 100 Fly	3	---	-8.92
	54.48	1:07.66			
1:47.47Y	F # 11B	Male 9-10 100 IM	8	---	-2.13
	51.24	56.23			
Lussier, Lacey G (13) F					
1:11.78Y	F # 1A	Female 14 & Under 100 Free	10	---	-8.19
	32.69	39.09			
Lussier, Molly M (13) F					
2:52.83Y	F # 4A	Female 14 & Under 200 Back	5	---	---
	37.93	44.34 46.62 43.94			
Mahlau-Heinert, Dakota J (14) M					
1:04.20Y	F # 1B	Male 14 & Under 100 Free	6	---	---
	30.49	33.71			
3:14.67Y	F # 2B	Male 14 & Under 200 Breast	4	---	---
	42.52	50.24 51.55 50.36			
2:42.83Y	F # 4B	Male 14 & Under 200 Back	4	---	---
	39.06	41.54 41.97 40.26			
Marm, Reagan E (9) F					
34.67Y	F # 7A	Female 9-10 50 Free	2	---	---
1:49.77Y	F # 8A	Female 9-10 100 Breast	4	---	---
	52.47	57.30			
1:34.26Y	F # 10A	Female 9-10 100 Fly	2	---	---
	44.82	49.44			
1:36.82Y	F # 11A	Female 9-10 100 IM	8	---	-4.43
	45.73	51.09			
Maxwell, Olivia T (10) F					
1:30.18Y	F # 6A	Female 9-10 100 Back	2	---	-3.29
	43.13	47.05			
1:46.41Y	F # 8A	Female 9-10 100 Breast	3	---	---
	51.99	54.42			
1:32.76Y	F # 10A	Female 9-10 100 Fly	1	---	-9.06
	41.52	51.24			

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Maxwell, Olivia T (10) F					
1:33.90Y	F # 11A	Female 9-10 100 IM	4	---	0.40
	43.66	50.24			
McCalister, Tristan I (14) M					
1:00.61Y	F # 1B	Male 14 & Under 100 Free	3	---	-3.49
	28.96	31.65			
3:14.46Y	F # 2B	Male 14 & Under 200 Breast	3	---	---
	41.91	48.00 53.13 51.42			
2:35.71Y	F # 4B	Male 14 & Under 200 Back	3	---	-4.78
	35.82	38.31 41.11 40.47			
6:38.33Y	F # 5B	Male 14 & Under 500 Free	1	---	0.68
	30.44	34.83 37.95 40.11 42.53 43.22 43.56 42.75			
	44.37	38.57			
Montano, Matthew B (9) M					
2:09.59Y	F # 6B	Male 9-10 100 Back	7	---	1.98
	1:00.66	1:08.93			
46.70Y	F # 7B	Male 9-10 50 Free	15	---	-14.40
2:12.53Y	F # 8B	Male 9-10 100 Breast	9	---	---
	1:04.36	1:08.17			
Moore, Mitchell R (10) M					
1:03.65Y	F # 7B	Male 9-10 50 Free	17	---	---
3:11.12Y DQ	F # 8B	Male 9-10 100 Breast	---	---	---
	---	3:11.12			
	3D Arms past hipline				
3:08.23Y DQ	F # 11B	Male 9-10 100 IM	---	---	---
	1:49.01	1:19.22			
	3L Non-simultaneous touch - breast				
Pate, Aidan L (13) M					
1:07.24Y	F # 1B	Male 14 & Under 100 Free	10	---	---
	31.22	36.02			
Pate, Karissa M (11) F					
35.10Y	F # 7C	Female 11-12 50 Free	13	---	-20.21
Pinto, Andre D (14) M					
1:00.70Y	F # 1B	Male 14 & Under 100 Free	4	---	-4.21
	29.15	31.55			
1:10.58Y	F # 3B	Male 14 & Under 100 Fly	3	---	-3.32
	32.07	38.51			
Raak, Oliver B (12) M					
31.58Y	F # 7D	Male 11-12 50 Free	10	---	---
1:27.89Y	F # 8D	Male 11-12 100 Breast	4	---	---
	41.46	46.43			
1:19.40Y	F # 11D	Male 11-12 100 IM	4	---	---
	36.04	43.36			

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Schwartz, Nathan P (12) M					
1:23.10Y	F # 6D	Male 11-12 100 Back	4	---	-10.98
	39.68	43.42			
33.20Y	F # 7D	Male 11-12 50 Free	14	---	-2.10
1:27.66Y DQ	F # 11D	Male 11-12 100 IM	---	---	---
	38.32	49.34			
3C Scissors kick - breast					
Silvester, Sofia a (10) F					
1:50.80Y	F # 6A	Female 9-10 100 Back	11	---	---
	54.16	56.64			
37.79Y	F # 7A	Female 9-10 50 Free	10	---	---
3:09.07Y	F # 9A	Female 9-10 200 Free	6	---	---
	41.98	49.38 50.06 47.65			
Steger, Michael S (14) M					
3:09.02Y	F # 2B	Male 14 & Under 200 Breast	2	---	---
	42.38	47.91 49.15 49.58			
7:17.84Y	F # 5B	Male 14 & Under 500 Free	3	---	---
	35.98	40.58 43.88 45.77 46.07 45.71 46.69 47.49			
	45.77	39.90			
Tiago, J.J. D (13) M					
1:11.32Y	F # 1B	Male 14 & Under 100 Free	11	---	-8.08
	33.61	37.71			
3:14.82Y	F # 2B	Male 14 & Under 200 Breast	5	---	---
	43.24	50.29 53.48 47.81			
1:33.16Y DQ	F # 3B	Male 14 & Under 100 Fly	---	---	---
	41.20	51.96			
1J One hand touch					
Van De Velde, Sem (14) M					
3:54.44Y DQ	F # 2B	Male 14 & Under 200 Breast	---	---	---
	47.26	1:01.12 1:04.14 1:01.92			
3L Non-simultaneous touch					
NS	F # 5B	Male 14 & Under 500 Free	---	---	---
VanZandt, James R (10) M					
33.99Y	F # 7B	Male 9-10 50 Free	2	---	-2.11
1:38.83Y	F # 8B	Male 9-10 100 Breast	2	---	-8.37
	47.63	51.20			
1:27.49Y	F # 11B	Male 9-10 100 IM	1	---	-8.34
	40.82	46.67			
Vlach, Wilman L (15) M					
54.78Y	F # 1D	Male 15 & Over 100 Free	2	---	-1.23
	26.07	28.71			
2:33.05Y	F # 2D	Male 15 & Over 200 Breast	1	---	0.64
	34.89	40.18 40.61 37.37			

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Time	F/P/S	Event	Place	Points	Improv
Vlach, Wilman L (15) M					
1:09.17Y	F # 3D	Male 15 & Over 100 Fly	3	---	-1.73
	31.68	37.49			
2:27.49Y	F # 4D	Male 15 & Over 200 Back	1	---	-1.80
	34.26	37.05 39.10 37.08			
Watters, Caroline R (10) F					
42.72Y	F # 7A	Female 9-10 50 Free	16	---	---
1:50.21Y	F # 8A	Female 9-10 100 Breast	5	---	---
	51.28	58.93			
Watters, Katherine E (11) F					
40.83Y	F # 7C	Female 11-12 50 Free	17	---	---
Wilson-Segovia, Jonathan J (9) M					
2:03.14Y	F # 8B	Male 9-10 100 Breast	7	---	---
	58.61	1:04.53			
4:05.27Y	F # 9B	Male 9-10 200 Free	8	---	---
	47.91	1:05.90 1:05.33 1:06.13			
1:56.03Y DQ	F # 11B	Male 9-10 100 IM	---	---	---
	56.84	59.19			

3] One hand touch - breast