

FBST Mini Meet

Saturday May 12, 2018

Meet Director	Curtis Din curtisdin@gmail.com
Meet Location	George Washington RECenter 8426 Old Mt. Vernon Rd. Alexandria, VA 22309 <ul style="list-style-type: none"> • 8 lane, 25 yards • Water depth ranges from 4.5'-12' at both the starting and turning ends.
Timing System	Manual timing (stopwatches only) will be used for this meet
Eligibility	Open to all FBST swimmers age 10 & Under, registered as USA Swimming athletes. All athletes shall compete at the age attained on the first day of the meet.
Rules	<ul style="list-style-type: none"> • Current USA Swimming rules shall govern the meet. • The Meet Director reserves the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12&U events per Rule 205.3.1F. • All events are timed finals. • This is a non-sanctioned meet. This event is designed to allow swimmers to gain experience in a swim meet environment. Times will not be recognized by USA Swimming. • All events will be swum slowest to fastest. Athletes can enter no more that four (4) individual events
Warm-up and Meet Schedule	Warm-up: 7:00-7:25am Events: 7:30am Meet completed by 9:00am The meet manager reserves the right, time permitting, to take a small break between each change of strokes as needed.
Entry Fees	Fees for individual events: \$4.50 per event Individual swimmer surcharge: \$1.00
Supervision & Seating	Coaches are responsible for the conduct of their swimmers and families. Please clean your team area after the meet.
Entry Deadline	The entries must be received for this meet no later than: Thursday, May 10, 2018

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Warm up: 7:00-7:25am

1st Event starts at 7:30am

Event Number	Event Description
1	8 & Under 25 Butterfly
2	10 & Under 50 Butterfly
3	8 & Under 25 Backstroke
4	10 & Under 50 Backstroke
5	8 & Under 25 Breaststroke
6	10 & Under 50 Breaststroke
7	8 & Under 25 Freestyle
8	10 & Under 50 Freestyle
9	10 & Under 100 IM
<i>All Events are mixed (Girls & Boys); heats will be swum slowest to fastest.</i>	