

# FBST Mini Meet

## Saturday March 24, 2018

<b>Meet Director</b>	Curtis Din <a href="mailto:curtisdin@gmail.com">curtisdin@gmail.com</a>
<b>Meet Location</b>	George Washington RECenter 8426 Old Mt. Vernon Rd. Alexandria, VA 22309 <ul style="list-style-type: none"> <li>• 8 lane, 25 yards</li> <li>• Water depth ranges from 4.5'-12' at both the starting and turning ends.</li> </ul>
<b>Timing System</b>	Manual timing (stopwatches only) will be used for this meet
<b>Eligibility</b>	Open to all FBST swimmers age 10 & Under, registered as USA Swimming athletes. All athletes shall compete at the age attained on the first day of the meet.
<b>Rules</b>	<ul style="list-style-type: none"> <li>• Current USA Swimming rules shall govern the meet.</li> <li>• The Meet Director reserves the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12&amp;U events per Rule 205.3.1F.</li> <li>• All events are timed finals.</li> <li>• <b>This is a non-sanctioned meet. This event is designed to allow swimmers to gain experience in a swim meet environment. Times will not be recognized by USA Swimming.</b></li> <li>• <b>All events will be swum slowest to fastest. Athletes can enter no more that four (4) individual events</b></li> </ul>
<b>Warm-up and Meet Schedule</b>	Warm-up: 7:00-7:25am Events: 7:30am Meet completed by 9:00am The meet manager reserves the right, time permitting, to take a small break between each change of strokes as needed.
<b>Entry Fees</b>	Fees for individual events: \$4.50 per event Individual swimmer surcharge: \$1.00
<b>Supervision &amp; Seating</b>	Coaches are responsible for the conduct of their swimmers and families. Please clean your team area after the meet.
<b>Entry Deadline</b>	The entries must be received for this meet no later than: <b>Friday, March 23, 2018</b>

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Warm up: 7:00-7:25am

1<sup>st</sup> Event starts at 7:30am

Event Number	Event Description
1	8 & Under 25 Butterfly
2	10 & Under 50 Butterfly
3	8 & Under 25 Backstroke
4	10 & Under 50 Backstroke
5	8 & Under 25 Breaststroke
6	10 & Under 50 Breaststroke
7	8 & Under 25 Freestyle
8	10 & Under 50 Freestyle
9	10 & Under 100 IM
<i>All Events are mixed (Girls &amp; Boys); heats will be swum slowest to fastest.</i>	